

Since his last C&P Mh exam in [REDACTED] when veteran was diagnosed with PTSD and Major depression veteran has continued to have symptoms of PTSD and depression. Veteran has had a series of ups and downs, trending more

on the down [REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

avoids almost all external contact, rarely leaves his house, [REDACTED]
[REDACTED]
has panic attacks varying in frequency, mood is depressed and angry, irritable, anxious, afraid of something bad going to happen, cannot

get rid of that anxiety. His kids are his main interest so he does not want to act on suicidal thoughts, as if he would be better off dead but

then he corrects himself for the sake of his kids. He has difficulty showing

love and affection to his kids or to anyone. He does the basic shower but other than that he lets his appearance decline. When he gets more depressed he can go a week without a shower, staying in bed. He used

to go to a gym but then developed [REDACTED] for which he has been operated and would like to go back to the gym. He attends PTSD group every week, does weekly psychotherapy and takes several medicines. He has a few aquariums of fish at home to pass time. He had a dog that passed a few months back at age 13yo. [REDACTED]
[REDACTED]. He looks back on his service with anger about the sights and situations he had to deal with, the death

of t he little ones who had been buried for a while, disfigured and bloated. When his kids are in another room and scream he is reminded

of the [REDACTED] tragedy. He has been thru so many medicines that he is not sure which is doing what. He cannot handle stress, is overly suspicious of people which gets in his way. He can get nasty when he

is angry with use of some scathing language. No violent episode, may

punch a door or something. He had stopped going to therapy in response to a provider suicide at the MHC at the [REDACTED]. He tends to obsess on negative things, takes a small problem and expands it, he has a sense of foreboding about future events. He always sees the negative over

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