[redacted]. He notices that his anxiety and anger quickly arise when having to
work with others and forced interpersonal relationships. He wishes to continue
weekly sessions at this point.

ASSESSMENT: [redacted] was appropriately dressed in athletic pants, t-shirt and
cotton zip up jacket. He was appropriately groomed. He was able to maintain
appropriate eye contact. His mood and affect remain downtrodden. He continues to
remain motivated for positive change and treatment. He does not appear to be at
risk for self-harm or harm to others. He appears to be able to retain new
information and an ability to practice skills and coping techniques successfully.

PLAN: This author will complete a RTC order for the next scheduled session. This
author will remain available for support and services as appropriate.

TIME: 60 minutes.

related to: Service Connected Condition
Diagnoses:
Severe recurrent major depression without psychotic features (SCT 36474008) -
Major depressive disorder, recurrent severe without psychotic features (ICD-10-
CM F33.2) (Primary)
Chronic post-traumatic stress disorder (SCT 313182004) - Post-traumatic stress
disorder, chronic (ICD-10-CM F43.12)"

A letter from a professor at [redacted] Univ speaks of his struggles in the class, needing much assistance from her and relaxation of the deadlines. She mentioned his reduced concentration, inability to be around other students with doors slamming, depression, he could not attend many classes, she had to walk him thru the assignments. He needed assistance from the veterans liaison at the university. She did not think that he could at this time make it thru many college level courses. He manifested frustration and anger when he could not keep up.

d. Relevant legal and behavioral history: