[X] Irritable behavior and angry outbursts (with little or no provocation) typically expressed as verbal or physical aggression toward people or objects.
[X] Hypervigilance.
[X] Exaggerated startle response.
[X] Problems with concentration.
[X] Sleep disturbance (e.g., difficulty falling or staying asleep or restless sleep).

Criterion F:
[X] The duration of the symptoms described above in Criteria B, C, and D are more than 1 month.

Criterion G:
[X] The PTSD symptoms described above cause clinically significant distress or impairment in social, occupational, or other important areas of functioning.

Criterion H:
[X] The disturbance is not attributable to the physiological effects of a substance (e.g., medication, alcohol) or another medical condition.

4. Symptoms

For VA rating purposes, check all symptoms that actively apply to the Veteran's diagnoses:

[X] Depressed mood
[X] Anxiety
[X] Suspiciousness
[X] Panic attacks more than once a week
[X] Chronic sleep impairment
[X] Mild memory loss, such as forgetting names, directions or recent events
[X] Disturbances of motivation and mood
[X] Difficulty in establishing and maintaining effective work and social relationships
[X] Difficulty in adapting to stressful circumstances, including work or a worklike setting
[X] Inability to establish and maintain effective relationships
[X] Suicidal ideation
[X] Neglect of personal appearance and hygiene

5. Behavioral observations

[redacted] white male on time sitting in the waiting chair, in baggy athletic black pants, blue tshirt, black sneakers, green jacket, muscular, short greying hair, cleanshaven, alert, oriented, appropriate, anxious, depressed, looking tentative, downcast eyes, intelligent, reliable, good historian, cognitively fair, lacking confidence, no