C&P Final Report

[redacted]

For [redacted] MEDICAL EXAMINATION [redacted] Exam [redacted]

Exam Results Continued

without assistance. Posture is erect with a normal gait. Respiratory rate 12, pulse 76. Hypertension has not been diagnosed and 3 blood pressures are 118/76, 120/80 and 118/78.

SKIN: Skin is warm, dry, good color, and turgor. No clubbing or cyanosis noted. Nails without fungus or abnormality.

LYMPHATIC: No adenopathy.

HEENT: Head: Normocephalic. Eyes: EOMI bilaterally, PERRLA. Ears: TMs clear of cerumen. Nose: Nares patent without drainage, polyps, or evidence of rhinoscleroma. NECK: Supple, no thyromegaly, bruits, or masses. Trachea midline. EOM & CN II-XII intact.

HEART/LUNGS: Clear bilateral, both sides good respiratory effort, symmetrical expansion. HEART: Heart rate regular rhythm, no murmurs, or gallops appreciated. No JVD. Peripheral pulses symmetrical.

ABDOMEN: Flat, soft, positive bowel sounds in all four quadrants. No scars. No inguinal masses, adenopathy, or hernias.

GU: Circumcised male. No hernias present upon specific examination.

MUSCULOSKELETAL/NEURO: Strength testing 5/5 in all quadrants. Heel-to-toe, tippy toes, and heel walking all good with adequate effort. C-spine, thoracolumbar spine, shoulders, elbows, wrists, hands, hips, right knee, ankles: baseline range of motion intact.

Range of motion after 3 repetitions:

Left knee: flexion 0-140 degrees with reports of discomfort at that range of motion. Extension full at 0 degrees. Negative anterior & posterior draw. Pain with Lachman examination on left with minimal laxity. There was an audible pop and crepitus with provocative testing. Pain upon compression to the patella region and iliotibial bend spasm.

Additional limitation due to flareups cannot be determined without resorting to mere speculation. No discomfort or difficulty with ROM nor edema, erythema, effusion, tenderness, palpable deformities or instability found, except as noted.

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