EVIDENCE

- Service medical records for period of service dated July 1999 to July 2007
- VA General Medical Examination dated June 18, 2007
- VA evaluation for PTSD dated June 17, 2007
- BDD VCAA Notice with signed response dated May 11, 2007

REASONS FOR DECISION

1. Service connection for post-traumatic stress syndrome with depression.

Service connection for post-traumatic stress syndrome with depression has been established as directly related to military service. According to the recent VA examination conducted at the VAMC in Biloxi, you suffer with mild symptoms of depression and anxiety. You were also diagnosed with mild and chronic PTSD. You are not taking any medication and although you are stressed regarding your job, you are still able to function and suffer only mild social impairment. You also stated that your symptoms started on you deployment to Cuba and manifested in the form of anxiety, irritability and nightmares.

An evaluation of 10 percent is assigned from July 14, 2007. An evaluation of 10 percent is granted whenever there is occupational and social impairment due to mild or transient symptoms which decrease work efficiency and ability to perform occupational tasks only during periods of significant stress; or symptoms controlled by continuous medication.

A higher evaluation of 30 percent is not warranted unless there is occasional decrease in work efficiency and intermittent periods of inability to perform occupational tasks (although generally functioning satisfactorily, with routine behavior, self-care, and conversation normal), due to such symptoms as: depressed mood, anxiety, suspiciousness, panic attacks (weekly or less often), chronic sleep impairment, mild memory loss (such as forgetting names, directions, recent events). You do not suffer with memory impairment and, according to the evidence available at the time of this decision, your symptoms are not severe enough to warrant a 30 percent evaluation at this time.

2. Service connection for patellofemoral syndrome, left knee.

Service connection for patellofemoral syndrome, left knee has been established as directly related to military service. Service medical records show that you have a history of left knee pain. The recent VA examination reveled pain at the extremes of your normal range of motion. With no abnormality seen on x-ray. The diagnosis given was