Ellis Clinic PC
Fair & Compassionate Occupational & Legal Medicine™
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John W. Ellis, M.D.
Fellowships:
- American Academy Family Physicians
- American Board of Disability Analysts
- American Board of Forensic Examiners
- American College of Forensic Examiners Institute

Board Certifications:
- American Board Environmental Medicine
- American Board Family Medicine

Professional Certifications:
- American Board Disability Analysts
- American Board Forensic Examiners
- American Board Forensic Medicine
- American Board Independent Medical Examiners
- American College of Legal Medicine
- Certified Forensic Consultant, ACFEI

INDEPENDENT MEDICAL EXAMINATION

April 15, 2019

[redacted]

Re: [redacted]
VA File: [redacted]
Expert Medical Opinion Concerning Service Connected Disability

Department of Veterans Affairs:

I have examined this 50 year old veteran in my office today. She served honorably in the U.S. Army from 7/16/86 to 1/7/92.

SERVICE CONNECTED INJURIES, DISEASES and CONDITIONS:

OBSTRUCTIVE SLEEP APNEA:

The patient was snoring loudly when she was serving in the U.S. Army. The patient woke up with fatigue, headache, decreased focus and irritability on a daily basis. She had increased daytime sleepiness. Her husband witnessed apnea episodes and snoring. She had a sleep study done in March, 2019 and was diagnosed with obstructive sleep apnea. The patient was given a CPAP machine to help with her symptoms.

Service Connected Diagnosis:
6847 Obstructive Sleep Apnea.

Service Connected Disability:
50% 6847 Obstructive Sleep Apnea.

Causal Relationship and Connectedness to Military Service:

It is my medical opinion, it is more likely than not, that the patient's obstructive sleep apnea is service connected because of the occurrence of symptoms when she was serving in the U.S. Army. The tissue laxity and redundant mucosa caused her to snore a lot. The decreased muscle tone with REM sleep and airway collapse led to desaturation. The arousal with restoration of the airway resulted in sleep fragmentation leading to hypersomnolence. The long term complications of obstructive sleep apnea are weight gain, headaches, sexual dysfunction and hypertension.

MEDICAL OPINION and CAUSE of INJURY:
My medical opinions are based upon my examination of the veteran, review of records, my education, training and experience and upon reasonable medical probability and reasonable medical certainty.

It is my medical opinion that the impairments and disabilities set forth in this report were, more likely than not, due to and a consequence of this veteran's military service.

Respectfully,

John W. Ellis, M.D.

JE/DrAB/rl File C:\WP\042019\antm15.042019.wpd

Enclosures:
1. List of Records Reviewed
2. Veteran's Lifestyle Impact Claims Statement as of 1/24/19
3. Public Evidence Against Captain Scott M. Carlson
4. Pelvic Peritoneal Defects and Endometriosis: Allen-Masters Syndrome Revisited