Medical Opinion
Disability Benefits Questionnaire

Complete only the sections below that you are asked to complete in the Medical Opinion DBQ request.

DD form 214: Active service period: 05/07/1996 – 04/01/2006 (honorable discharge)

Review of STRs:

12/17/1999: 3 days bilateral knee pain…snapping and "locking". No trauma. 12/17/1999

~~08/23/1999: During PT, he felt a sharp pain in the R knee.~~

~~Diagnosis: R knee strain.~~

~~Therapy: Motrin 800 mg.~~

~~Temporary profile for 1 week.~~

11/22/1999: Bilateral knee pain x 3 days. Pain sharp and constant. Also pain in bilateral shins but is not constant.

Diagnosis: Overuse.

Therapy Tylenol 325 mg and ….(illegible) 28 mg

12/17/1999: L knee pain x 3 days possible indirect trauma. Patient recalls twisting sensation during PT run. Patient state pain with movements and knee locks in certain positions after prolonged periods of rest.

Findings: Crepitus. Sensation distal to injury.

2000 01/10/1980: With chronic L knee pain x 1 months increasing and no signs of improvement. Tenderness to palpation L LCC ….

2000 01/12/1980: F/u knee pain >> orthopedic consult.

08/08/2000: Bilateral knee pain.

09/06/2000: Bilateral knee pain flare-ups. Lateral patellar pain.

Therapy: Motrin.

Temporary profile x 2 weeks.

10/02/2000: Left knee pain x 2 months. Tenderness to palpation retropatellar space, lateral greater than medial.

Impression : RPP vs. anterior knee pain

10/10/2000 >> PT consult, Knee physical therapy

10/24/2000: L knee pain x 3 months, now diagnosed as iliotibial band syndrome.

Therapy: Naproxen 500 mg. On temporary profile for 3 weeks.

10/23/2001: Pain in back of R knee, was reinjured yesterday during sprints.

Diagnosis: Calf strain.

Therapy: Naprosyn 500 mg

10/08/2002: Right knee pain x 1 day Onset is unknown to patient. Increased pain with walking, sharp pain. Positive family history with bad knees.

Pain patella + joint line. Patellar catching persistently with exertion.

Therapy Naprosyn 500 mg

8/11/1997 Pain in (L) hip possible ITB